





Suggested Hikes



Hike #1: Blackrock Summit

1-mile circuit, easiest, 3/4 hour hiking time, 175-foot elevation gain. Follow the Appalachian Trail (A.T.) south. After a short distance, the trees open up and the A.T. goes around a rocky talus slope. Stay on the A.T. and continue south around the slope. At the intersection, turn left onto the Blackrock Hut Road-Trayfoot Mountain Trail, and follow the trail back to the parking lot.



Hike #2: Blackrock Spur Trail & Trayfoot Mountain Trail

1.6-mile circuit, easiest, 1 hour hiking time, 445-foot elevation gain. Follow the Appalachian Trail (A.T.) south. After a short distance, the trees open up and the A.T. goes around a rocky talus slope. At the trail post, turn right to follow the Blackrock Spur Trail through a boulder field. Continue downhill to the intersection, and turn left onto Trayfoot Mountain Trail. When the trail meets the A.T., it becomes Blackrock Hut Road-Trayfoot Mountain Trail, which will take you back to the starting point.



Look for Trail Markers

You'll find these trail markers at all trailheads and intersections. The metal bands are stamped with directional and mileage information.

Before You Go!

- Pets are not allowed on Fox Hollow Trail. Where allowed, pets must be on a leash at all
- Be sure you are physically able to complete the hike you've chosen.
- Take plenty of water-at least a quart per hour.
- Be sure you know your route. Free maps are available at entrance stations, visitor centers, and www.nps.gov/shen
- When you return from your hike, check for ticks.
- Be sure someone knows where you are and when to expect your return.
- Leave what you find. Artifacts are protected by law.
- Please respect family cemeteries.



Leave No Trace Preservation through education: building awareness, appreciation, and respect for our public recreation places.